



The profession of international driver is arduous and demanding. A driving licence and qualifications are not enough to do the job. A good international driver must be resistant to stress. He is often away for long periods of time and spends many hours in the car, usually alone. He needs to be concentrated and react quickly to changes on the road. Another quality is composure and personal culture. In a stressful situation, the driver must be able to control himself and not get into conflicts with other road users. Despite many hours on the road, he or she must be able to anticipate the consequences of his or her own behaviour on the road and that of other drivers and pedestrians. Imagination is essential here, as is communication skills. When loading, unloading or taking a break on the road, the driver should be able to interact easily. Many driver trainers focus on the hard aspects in their training. However, the soft skills of these trainers are just as important to pay attention to when training drivers too. It is these latter skills that are the focus of our Erasmus+Proc95trainer project.

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